

Modalities Used to Treat Disorders and Enhance Performance

Based on AAPB's upcoming *Evidence-Based Practice in Biofeedback and Neurofeedback* (4th ed.) released in the fall of 2022 in both paperback and digital formats. Please visit www.aapb.org for more information.

Application	Modalities
Attention Deficit Hyperactivity Disorder (ADHD)	NF
Alcohol and Drug Dependence	BF, NF
Anxiety	BF, NF
Arthritis	BF, NF
Asthma	BF
Autism Spectrum Disorders (ASD)	NF
Cerebral Palsy (CP)	BF
Cerebral Vascular Accident (Stroke)	BF, NF
Chemobrain	NF
Chemotherapy-Induced Peripheral Neuropathy (CIPN)	NF
Chronic Obstructive Pulmonary Disease (COPD)	BF
Chronic Pain	BF
Coronary Artery Disease	BF
Depressive Disorders	BF, NF
Diabetes	BF
Epilepsy	NF
Erectile Dysfunction (ED)	BF
Essential Hypertension	BF
Fibromyalgia	BF, NF
Functional/Recurrent Abdominal Pain and Dysfunction	BF
Headache	BF
Hyperhidrosis	BF
Immune Function	BF
Insomnia	BF, NF
Irritable Bowel Syndrome (IBS)	BF
Motion Sickness	BF
Pediatric Pain	BF, NF
Performance Enhancement	BF, NF
Preeclampsia	BF
Post-Traumatic Stress Disorder (PTSD)	BF, NF
Raynaud's Disease	BF
Repetitive Strain Injury	BF
Temporomandibular Disorders (TD)	BF
Tinnitus	BF, NF
Traumatic Brain Injury (TBI)	NF
Urinary Incontinence	BF
Vasovagal Syncope	BF

Note: BF = biofeedback includes EMG, Thermal, GSR, HRV, and respiration training

NF = neurofeedback or brain wave training.