

BCIA-PMDB Recertification Continuing Education Hours

Summary of Requirements

Candidates for recertification must complete 48 hours of accredited continuing education from one or more of the Blueprint areas specific to this certification. **All continuing education hours must be related to the blueprint, relevant to biofeedback and/or the disorder you may be treating with the majority of your hours being biofeedback specific.**

Recent changes you may wish to note:

- **Online Continuing Education:**
 - BCIA **webinars** – one can attend a 90-minute online presentation and complete an evaluation and quiz to earn 1.5 hours of ce toward recertification. Webinars may be attended live or through the recordings.
 - Online **articles and quizzes** are available for 1 hour of ce.
 - **Massive Open Online Courses (MOOCs)** are free educational opportunities providing courses and instructors from many top universities. If you find a course you are interested in for either your human anatomy/physiology requirement OR for CE credit toward recertification, please send us all the information and we'll let you know if your option will be accepted. Check them out!
- **Formal Mentoring** - A maximum of 20 hours of formal mentoring may be used as part of your required ce. This work must be done by a BCIA-approved mentor selected using the same parameters as when seeking original certification. Additionally, the work done must be logged and signed off by both the mentor and the candidate using a form found on the website.
- **Ethics/professional Conduct** - 3 hours of accredited ethics or professional conduct work is required.

College Courses - Registered attendance in an undergraduate or graduate course approved and offered through a regionally accredited academic institution. The course work is counted as classroom time.

Professional Instruction –Teaching at a regionally accredited academic institution or at a nationally recognized, accredited professional venue is counted as class time plus two hours of preparation time are allowed for each hour of instruction time.

Professional Organization Courses - Continuing education courses offered through a professional organization or private agency. Such courses must be approved through an accrediting agency (e.g., AMA, ANA, APA, APTA, AOTA, etc.). Documentation should indicate the accrediting agency.

Professional Preparation - Authorship of a peer-reviewed document (journal, manuscript, written or edited textbook chapter, platform or poster presentation critiqued or otherwise reviewed by formally designated professional colleagues). Credit for publications is allowed as follows:

Book authored	40
Book edited	40
Book chapter	20
Journal article	15 for first author, 10 for other
Masters thesis	20
Dissertation	40

Presentation - *based on the accreditation and the topic, but could be counted that for every 1 presentation hour, you could also receive an additional 2 preparation hours.

Mentoring – 20 hours of formal mentoring across the 3 years of certification, so long as this work was done with a BCIA approved mentor and documented on an official BCIA log sheet.

Research - Per special review on an individual basis.

Chapter/State Meetings – Relevant hours taken at annual professional meetings or professional chapter/state society meetings apply toward recertification.

Distance Education/Home Study Courses - Courses relevant to the Blueprint offered by a regionally accredited university, the national body of your profession, or a BCIA accredited training program.

Patent - Approved patents within a Blueprint area - 10 hours.

Mentoring of Candidates - BCIA approved mentors should submit candidate's name, address and phone number. Upon verification, BCIA allows five continuing education hours for each candidate if a minimum of 15 hours mentoring was provided. Attendance at the BCIA Mentor's Workshop is worth 2 hours of continuing education.

Exam Item Construction - One-half hour of accredited continuing education will be given for reading an article, documented published book or study from a peer reviewed journal and preparing an examination question. The examination item should be comprised of a question, correct answer and three distracters (incorrect answers), and sourced from the Suggested Reading List. A maximum of 20 hours per four-year certification period is allowed (i.e., 40 questions maximum). Test question forms are available from BCIA upon request or on the website at bcia.org.