

# BCIA Recertification Continuing Education Hours

## Summary of Requirements

Candidates for recertification must complete 48 hours of accredited continuing education from one or more of the Blueprint areas specific to this certification. **All continuing education hours must be related to the blueprint, relevant to biofeedback and/or the disorder you may be treating with a minimum of 10-credit hours (6-hours for SF or International outside of US, Australia and Canada) specific to your modality.**

- **Ethics/professional Conduct** - 3 hours of accredited ethics or professional conduct work is required.

**College Courses** - Registered attendance in an undergraduate or graduate course approved and offered through a regionally accredited academic institution. The course work is counted as classroom time.

**Professional Instruction** –Teaching at a regionally accredited academic institution or at a nationally recognized, accredited professional venue is counted as class time plus two hours of preparation time are allowed for each hour of instruction time.

**Professional Organization Courses** - Continuing education courses offered through a professional organization or private agency. Such courses must be approved through an accrediting agency (e.g., AMA, ANA, APA, APTA, AOTA, etc.). Documentation should indicate the accrediting agency.

**Professional Preparation** - Authorship of a peer-reviewed document (journal, manuscript, written or edited textbook chapter, platform or poster presentation critiqued or otherwise reviewed by formally designated professional colleagues). Credit for publications is allowed as follows:

Book authored	40
Book edited	40
Book chapter	20
Journal article	15 for first author, 10 for other
Masters thesis	20
Dissertation	40

Presentation - \*based on the accreditation and the topic, but could be counted that for every 1 presentation hour, you could also receive an additional 2 preparation hours.

**Mentoring** – 20 hours of formal mentoring across the 4 years of certification, so long as this work was done with a BCIA approved mentor and documented on an official BCIA log sheet.

**Mentoring of Candidates** - BCIA approved mentors should submit candidate's name, address and phone number. Upon verification, BCIA allows five continuing education hours for each candidate if a minimum of 15 hours mentoring was provided. Attendance at the BCIA Mentor's Workshop is worth 2 hours of continuing education.

**Research** - Per special review on an individual basis.

**Chapter/State Meetings** – Relevant hours taken at annual professional meetings or professional chapter/state society meetings apply toward recertification.

**Distance Education/Home Study Courses** - Courses relevant to the Blueprint offered by a regionally accredited university, the national body of your profession, or a BCIA accredited training program.

**Patent** - Approved patents within a Blueprint area - 10 hours.

**Exam Item Construction** - One-half hour of accredited continuing education will be given for reading an article, documented published book or study from a peer reviewed journal and preparing an examination question. The examination item should be comprised of a question, correct answer and three distracters (incorrect answers), and sourced from the Suggested Reading List. A maximum of 20 hours per four-year certification period is allowed (i.e., 40 questions maximum). Test question forms are available from BCIA upon

request at [info@bcia.org](mailto:info@bcia.org).