



BCIA Recertification - Continuing Education Hours Summary of Requirements for All Programs

Candidates for recertification must complete 48 hours of accredited, blueprint-relevant continuing education and must include a minimum of 3 hours of ethics/professional conduct. The requirement is reduced to 30 hours if you are a Senior Fellow or Technician. **Individuals certified in more than one certification (biofeedback, neurofeedback, PMDB or HRVB) may use CE credits from accredited providers for recertification in both programs.*

Please remember that many courses taken to maintain a state license could be used. How can you tell? A course needs to meet two criteria:

1. The course must be accredited by a national professional organization such as the APA, a university or BCIA.
2. While the majority of the continuing education hours must be bio/neurofeedback blueprint specific, we will accept an accredited course that discusses the diagnoses or symptoms you see such as migraines, pain, ADHD. Even if the course does not mention our field, you are learning valuable information about the latest research, psychopharmacology, the impact on the family.

If for any reason you are unable to complete continuing education, you may take the written certification exam.

Recent changes you may wish to note:

- **Reduced Fees** – If you are dual certified (meaning you are certified in more than one area with BCIA), the recertification fee is reduced by \$25.00 for **each** recertification. If you are semi-retired (meaning you work professionally 20 hours a week or less), your recertification fee is reduced.
- **Online Continuing Education:**
 - BCIA **webinars** – one can attend a 90-minute online presentation and complete an evaluation and quiz to earn 1.5 hours of ce toward recertification. Webinars may be attended live or through the recordings.
 - Online **articles and quizzes** are available for 1 hour of ce.
 - **Massive Open Online Courses (MOOCs)** are free educational opportunities providing courses and instructors from many top universities. If you find a course you are interested in for either your human anatomy/physiology or neuroanatomy requirement OR for CE credit toward recertification, please send us all the information and we will let you know if your option will be accepted. Check them out!
- **Ethics/Professional Conduct** - 3 hours of accredited ethics or professional conduct work is required.

How to earn CE Hours Toward Recertification

College Courses - Registered attendance in an undergraduate or graduate course approved and offered through a regionally accredited academic institution.

Professional Instruction/Presentation –Teaching at a regionally accredited academic institution or at a nationally recognized, accredited professional venue is counted as class time plus two hours of preparation time for each hour of instruction.

Professional Organization Courses - Continuing education courses offered through a national professional organization or private agency. Such courses must be approved through an accrediting agency (e.g., AMA, ANA, APA, etc.). Documentation should indicate the accrediting agency and the number of CE hours awarded. Additionally, courses taken at AAPB and ISNR may be used.

Professional Preparation - Authorship of a peer-reviewed document (journal, manuscript, written or edited textbook chapter, platform or poster presentation critiqued or otherwise reviewed by formally designated professional colleagues). Credit for publications is allowed as follows:

Book authored 40

Book edited 40

Book chapter 20

Journal article 15 hours for first author, 10 for others

Master's thesis 20

Dissertation 40

Presentation - *based on the accreditation and the topic but could be counted that for every 1 presentation hour, you could also receive an additional 2 preparation hours.

Formal Mentoring - A maximum of 20 hours of formal mentoring may be used as part of your required CE (10 hours for Technicians). This work must be done by a BCIA-approved mentor using the same parameters as when seeking original certification. Additionally, the work done must be logged and signed off by both the mentor and the candidate using a form found on the website.

Mentoring of Candidates - BCIA approved mentors should submit the candidate's name, address, and phone number. Upon verification, BCIA allows five continuing education hours for each candidate if a minimum of 15 hours of mentoring was provided. The candidate must have filed a valid application for certification.

Research - Per special review on an individual basis.

Chapter/State Meetings - State/Regional Biofeedback Society Meeting hours apply toward recertification.

Distance Education/Home Study Courses - Courses relevant to the Blueprint offered by a regionally accredited university, the national body of your profession, or a BCIA accredited training program.

Patent - Approved patents within a Blueprint area - 10 hours.

Exam Item Construction - One-half hour of accredited continuing education will be given for reading an article, documented published book or study from a peer reviewed journal and preparing an examination question. The examination item should be comprised of a question, correct answer and three distractors (incorrect answers), and sourced from the Core Reading List. A maximum of 20 hours per four-year certification period is allowed (i.e., 40 questions maximum). Test question forms are available from BCIA upon request or on the website at bcia.org.