BCIA Pelvic Muscle Dysfunction Biofeedback Exam 101

Exam Construction

The exam consists of approximately 64 items, all multiple-choice, with only 1 correct answer per item. There is no penalty for guessing. If you skip an item, obviously you get that one wrong.

The exam is built on the blueprint with the idea that if there is a smaller rubric with less hours, there will be less questions than a larger rubric would contain.

Validation Items

Some exam versions have additional items as they include questions still in assessment mode. If you miss them, they will not count against your score.

Time Limit

There is a 3-hour time limit for the exam. Special needs: Should you need additional time or special accommodation due to language or other circumstance, please contact the office at info@bcia.org.

Pass Score

Pass score is 76%.

Exam Format

Online proctoring only – we work with a company who uses cameras and artificial intelligence. Once you file the Exam Request Form with the information requested, including the date and time, we will forward you information on how to navigate the online proctor's system.

Getting the Results

The online version provides an immediate score. BCIA will send official results within a few days. Most people pass on the first take if they have prepared in a professional fashion.

Preparation – The Core Reading List

All questions are sourced to the Core Reading List posted on our website: https://www.bcia.org/i4a/pages/index.cfm?pageid=3510

Most successful test takers do not read all the books, but they pick a few that will give them an overall review of the material to be used in conjunction with the notes and study materials provided by the didactic trainer.

The BCIA Ethics reference is not a text, but rather a 5-page document. Spend a few minutes reviewing the BCIA Ethical Principles document to note what a certification means vs a license and how BCIA handles complaints.

That should prepare you well for the exam.