

Core PMDB Reading List

This list of reading sources is suggested for individuals who are preparing for Board Certification in Pelvic Muscle Dysfunction Biofeedback. We encourage each student to refer to the most recent edition; however, most information related to the exam will be found in all versions of the text.

Blaivas, J. G. (1998). *Conquering bladder and prostate problems – The authoritative guide for men & women*. Plenum Trade.

Cram, J. R. & Kasman, G. S. with Holtz, J. (2010). *Introduction to surface electromyography* (2nd edition). Gaithersburg, MD: Aspen Publishers.

Laycock J. & Haslam J. (Eds.). (2007). *Therapeutic management of incontinence and pelvic pain* (2nd edition). *Pelvic Organ Disorders*, Springer.

Getliffe, K. & Dolman, M. (Eds.). (1997). *Promoting continence, a clinical & research resource*. Bailliere Tindal.

Glazer, H. I., Rodke, G. M., Swencionis, C., Hertz, R., & Young, A. (1995, April). Treatment of vulvar vestibulitis syndrome with electromyographic biofeedback of pelvic floor musculature. *Journal of Reproductive Medicine*, 40 (4).

Schwartz, M. S. & Associates. (2016). *Biofeedback: A practitioner's guide* (4th ed.). New York: Guilford Press, Chapter 32 - Jeannette Tries and Eugene Eisman.

Biofeedback Certification International Alliance (2016). *Professional Standards and Ethical Principles of Biofeedback*.