

Sample Statement of Clinical Practice for Candidates Applying for BCIA Certification by Prior Experience (CPE)

Your statement of clinical practice should include:

1. Timeframe using biofeedback in your clinical practice
2. Approximate number of patient/clients in that time frame. (For an example, as a way to calculate your hours, if you saw 20 clients for a one-hour session per week for 50 weeks a year, that would be 1,000 patient/client hours.)
3. The diagnoses you treat
4. Setting (private practice, hospital, etc.)

As a licensed psychologist, I was looking for a new tool to work with patients, children and adults with ADD/ADHD and anxiety/depression. I began to add neurofeedback to my practice in 1998. For the first 2 years, it was only about 20% of my practice or about 800 hours. My practice grew steadily through about 2005 and neurofeedback was at least 50% of my practice during those years or about 6,000 hours. From 2006, I use neurofeedback with at least 75% of my practice or about 1500 hours per year. I estimate that I have performed well over 10,000 hours of neurofeedback.

Sample Letter of Recommendation

I have read the statement of clinical practice for Dr. _____. I have known him for over 10 years and can agree with his account of his clinical work using neurofeedback modalities.

A recommender may add any other statements that would be helpful for the board to review. For example:

Additionally, I have referred several patients to Dr. _____ and we often consult on patients/clients. He was a member of the _____ state biofeedback society and we worked together on several presentations and other committee work. I have found him to be a competent clinician who has a good reputation in our health care community.

Signed and dated