

BCIA Neurofeedback Exam 101

Exam Construction

The exam consists of approximately 100 items, all multiple-choice, with only 1 correct answer per item. There is no penalty for guessing. If you skip an item, obviously you get that one wrong.

**Technician exams only have 50 items.

The exam is built on the blueprint with the idea that if there is a smaller rubric with less hours, there will be less questions than a larger rubric would contain.

**Technician exam items use the rubrics that pertain most to their scope of work.

Validation Items

Some exam versions may have more than 100 items as they include questions still in assessment mode. If you miss them, they will not count against your score.

Time Limit

There is a 3-hour time limit for the exam. Special needs: Should you need additional time or special accommodation due to language or other circumstance, please contact the office at info@bcia.org.

Pass Score

Pass score is 65%.

Exam Format

Online proctoring only – we work with a company who uses cameras and artificial intelligence. Once you file the Exam Request Form with the information requested, including the date and time, we will forward you information on how to navigate the online proctor's system.

Getting the Results

The online version provides an immediate score. BCIA will send official results within a few days. Most people pass on the first take if they have prepared in a professional fashion.

Preparation

- **Neurofeedback Practice Exam** – There is a new practice exam that shows 20 random questions to give you an idea of the level of detail. Please use this link: <https://www.surveymonkey.com/r/HM5YBQR>
- **The Core Reading List**
All questions are sourced to the Core Reading List posted on our website:
<http://www.bcia.org/i4a/pages/index.cfm?pageid=3481>

We suggest starting with the Getting Started with Neurofeedback book by John Demos if you do not have a strong neuroscience background and then working through the other texts. The Neurofeedback Book has questions in the back and people find this a good way to double check their mastery of certain topics. If you do well on a certain group of questions, it means that you probably do know the material and should do well – even though those questions are not repeated on our exam. The Neurofeedback book is now available digitally from AAPB and is a must for your bookshelf.

The Evidence-Based Practice book, also available digitally from AAPB – read the first section describing how the evidence levels are determined and be comfortable in understanding what is a 1, 2, 3, etc. Next review the topics where Neurofeedback has been highly rated. You do not have to memorize that whole text and the ratings for each disorder.

Spend a few minutes reviewing the BCIA Ethical Principles document to note what a certification means vs a license and how BCIA handles complaints.

That should well prepare you for the exam.