

## BCIA Neurofeedback Exam 101

### Exam Construction

The exam consists of approximately 100 items, all multiple-choice, with only 1 correct answer per item. There is no penalty for guessing. If you skip an item, obviously you get that one wrong.

\*\*Technician exams only have 50 items.

The exam is built on the blueprint with the idea that if there is a smaller rubric with less hours, there will be less questions than a larger rubric would contain.

\*\*Technician exam items use the rubrics that pertain most to their scope of work.

### Validation Items

Some exam versions may have more than 100 items as they include questions still in assessment mode. If you miss them, they will not count against your score.

### Time Limit

There is a 3-hour time limit for the exam. Special needs: Should you need additional time or special accommodation due to language or other circumstance, please contact the office at [info@bcia.org](mailto:info@bcia.org).

### Pass Score

Pass score is 65%.

### Exam Format

Online proctoring only – we work with a company who uses cameras and artificial intelligence. Once you file the Exam Request Form with the information requested, including the date and time, we will forward you information on how to navigate the online proctor's system.

### Getting the Results

The online version provides an immediate score. BCIA will send official results within a few days. Most people pass on the first take if they have prepared in a professional fashion.

### What should I do if I am not successful on the exam?

You should be receiving a letter from BCIA that will provide further information on how you performed on each section of the blueprint. It should highlight the areas where you knew the material quite well, and also the areas where you need more study. We recommend that you use the information to plan how to study for your next attempt; however, we ask that you wait a minimum of 2 weeks to ensure you have ample time to prepare. Once you feel you are comfortable with the areas that needed more study, please complete and submit the exam registration form. You will NOT be paying an additional \$275 certification fee. Make sure you have had enough hands-on mentoring experience because we believe that it will help you more fully understand the concepts you are trying to master.

### Preparation

- **Neurofeedback Practice Exam** – There is a new practice exam that shows 20 random questions to give you an idea of the level of detail. Please use this link: <https://www.surveymonkey.com/r/HM5YBQR>
- **The Core Reading List**  
All questions are sourced to the Core Reading List posted on our website.

We suggest starting with the Getting Started with Neurofeedback book by John Demos if you do not have a strong neuroscience background and then working through the other texts. The Neurofeedback Book has questions in the back and people find this a good way to double check their mastery of certain topics. If you do well on a certain group of questions, it means that you probably do know the material and should do well – even though those questions are not repeated on our exam. The Neurofeedback book is now available digitally from AAPB and is a must for your bookshelf.

The Evidence-Based Practice book, also available digitally from AAPB – read the first section describing how the evidence levels are determined and be comfortable in understanding what is a 1, 2, 3, etc. Next review the topics where Neurofeedback has been highly rated. You do not have to memorize that whole text and the ratings for each disorder.

Spend a few minutes reviewing the BCIA Ethical Principles document to note what a certification means vs a license and how BCIA handles complaints.

That should well prepare you for the exam.