Lifestyle Educator II Per Diem

Kaiser Permanente – San Diego

With an emphasis in biofeedback, this role facilitates monitors and evaluates specific lifestyle and behavior changes that contribute to the improvement of health by providing group and individual counseling and instruction to health plan members and others. This position:

Facilitates behavior/education change groups and/or individual consulting established within theory-based practice.

- Identifies educational and behavior change needs of patients by assessing patient supplied data, medical records, and other health data.
- Implements instructional objectives and counseling strategies based upon needs assessments.
- Provides individual short term or long term counseling to promote or maintain behavior change.
- Serves as a patient advocate in the coordination and delivery of services both within the organization and the community.
- Tracks, evaluates and documents patient progress towards identified goals.
- Provides in-services and training to staff members, as assigned.
- Consults with medical professionals, psycho-social professionals, other educators and managers regarding patient care issues.
- Prepares reports, grants, proposals and documentation, as assigned.
- Provides input into the development and modification for program curriculum, support materials and activities.
- NOTE: Must be able to work flexible hours, evening hours as required.

Basic Qualifications:

Education

• Master's degree or above in area of instruction or related field.

Preferred Qualifications:

- Minimum two (2) years of experience in Health Education or Counseling preferred.
- Biofeedback certification

Additional Requirements:

- Ability to assist in the design, implementation and evaluation of appropriate educational strategies related to patient diagnosis and treatment.
- Knowledge of educational psychology, behavior change and adult learning theory, educational methodologies, and organizational behavior.
- Experience facilitating groups.

- Ability to establish rapport with patients and affect continued positive change relating to improved health and lifestyle.
- Demonstrated ability to apply effective communication skills both in individual and group environments.
- This includes demonstration of exceptional written and verbal skills.
- Must be able to work in Labor/Management Partnership environment.

Notes:

• This is a Per Diem position, schedule varies.

We offer competitive salaries and benefits. For immediate consideration, please visit http://jobs.kp.org for complete qualifications and job submission details, referencing job # 958101.

External hires must pass a background check/drug screen. Qualified applicants with arrest and/or conviction records will be considered for employment in a manner consistent with Federal, state and local laws, including but not limited to the San Francisco Fair Chance Ordinance. All qualified applicants will receive consideration for employment without regard to race, color, religion, sex, national origin, sexual orientation, protected veteran status, or disability status.

This position supports Kaiser Permanente's code of conduct and compliance by adhering to all laws and regulations, accreditation and licensure requirements, and internal policies and procedures.

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For more information contact:

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