

<u>Job Title</u> Neurotherapy Clinician - Part-time

NeuroGrove is an integrative, brain-based mental health and wellness center that promotes optimal health of the brain, mind, body, and spirit. We are currently seeking a passionate and motivated individual to join our growing practice as a Neurotherapy Clinician.

NeuroGrove utilizes some of the most advanced brain technology available in order to help our clients optimize their brains, overcome their challenges, and become the best versions of themselves. Many clients come to us with physical, cognitive, and emotional challenges that have not been adequately resolved through conventional approaches. We help them discover the roots of their challenges using 3D functional brain imaging and comprehensive brain-body wellness assessments. We then design individualized treatment programs that integrate a variety of cutting-edge interventions, such as swLORETA neurofeedback, transcranial neurostimulation, and neuropeptides. We also provide psychotherapy, functional medicine, nutritional coaching, somatic therapy, and wellness education.

NeuroGrove serves clients with a variety of challenges, including traumatic brain injury, anxiety, post traumatic stress, developmental trauma, depression, attention-deficit hyperactivity disorder, memory problems, sleep disorders, chronic headaches and migraines, and more. We also provide optimal performance training for executives, students, athletes, meditators, and other higher-functioning clients who desire to gain an edge in their respective disciplines.

Additionally, NeuroGrove implements a scientist-practitioner model by collecting and analyzing pre-post data on all our clients. We are actively involved in presenting and publishing research, as well, which informs the evaluations and interventions we provide to our clients. This makes NeuroGrove an optimal learning environment for clinicians wanting to improve both their clinical and research skills. For more information about our practice, please visit <u>www.neurogrove.com</u>.

Roles & Responsibilities

The Integrative Neurotherapy/Psychotherapy Clinician position involves a variety of responsibilities, with the majority of time spent in direct work with clients. Primary roles and tasks could include:



- Provide regular neurotherapy and psychotherapy sessions to clients of NeuroGrove, as assigned, anticipated at 15+ hours of direct clinical work per week (with 20 hours of open availability to schedule client appointments)
- Complete assessment, neurofeedback, neurostimulation, and biofeedback sessions
- Provide psychotherapeutic support to clients
- Train clients in stress-regulation, mindfulness, and coping skills
- Utilize wellness coaching skills to support clients in their wellness goals
- Manage client communications and scheduling (as necessary)
- Assist with and/or provide wellness classes, workshops, webinars, and/or educational presentations for clients and the community (may include evening/weekend hours)
- Assist with writing blog posts, social media posts, and/or educational content for the NeuroGrove community
- Participate in staff meetings and group collaborations
- Keep appropriate, timely, and confidential records of client services
- Collaborate with intake, administrative, and support personnel
- Uphold ethical and legal standards within the practice

Qualifications

This position requires a licensable master's degree in a mental health field, such as social work or counseling. Preference will be given to those who already have a clinical license (e.g., LCSW, LPC, etc.), but master's level graduates acquiring hours toward licensure will also be considered. Psychotherapy, neurofeedback, and/or biofeedback experience and certification (BCN/BCB) are preferred, but not required. Training/certification in EMDR, somatic therapies, hypnotherapy, ACT, or DBT is also desirable but not required.

Additional Qualifications

- Knowledge of filing systems, electronic records management, and ethics surrounding mental health professions
- Experience in a mental health-related field
- Working knowledge of and compliance with HIPAA requirements
- Intermediate-level computer/technology literacy (this position will require the use of various types of advanced brain technology)

Desirable Knowledge & Aptitudes



- Present a confident, professional, and friendly demeanor when working with clients, other professionals, and the public
- Excellent oral and written communication skills
- Computer/technology competence and troubleshooting skills
- Organization, attention to detail, and accurate record-keeping
- Strong work ethic and self-motivated
- Quick learner and enthusiasm for education and personal growth
- Basic understanding and interest in topics like integrative mental health, neurophysiology, mindfulness, EEG, neurofeedback, biofeedback, nutrition, somatic therapies, and functional medicine

Schedule/Part-Time Requirement

Must open a minimum of 20 hours of <u>availability</u> at two to three days per week (i.e., available 2 ten-hour days or 3 seven-hour days or some combination). Client hours/client volume will vary daily, based on client needs, within the parameters of availability set by the clinician. Some flexibility in availability is required to ensure we can fill client-facing needs or requirements to capacity. Specific hours for this position will be determined between management and the prospective clinician.

Compensation/Salary Components

- **Base Rate** \$600 per month/\$7200 per year (\$40 per hour). We will guarantee the base rate for working a minimum 15 hours per month regardless of actual hours worked.
- Clinical Unit Rate \$40 per Clinical Unit/Hour. Applied to client-facing, neurotherapy direct delivery appointments. EXAMPLE: 15 client-facing CUs per week at \$40 per clinical unit = \$600 per week (after base rate threshold met) or \$1800 additional per month (\$2400 per month or \$28,800 per year). Approved tasks will be paid at this rate when there is a client late cancellation and the task is submitted within 24-hours of cancellation. Maximum CUs allowable per week for part-time is 30.
- Administrative/Training Unit Rate \$25 per Administrative Unit/Hour. Applied to team meetings, regular supervision, treatment planning, protocols, EEG edits, social media content development, training sessions, tech support, and other tasks approved by the management team.

Benefit Components

- 30 hours of PTO per year based on accrual/up to 60 hours of unpaid time off
- Paid specialized training



- Continuing Education Credit Opportunities (optional): Registration fees are paid by NG for various virtual offerings and other select events, at management's sole discretion.
- Part-time employees are not eligible for health insurance nor paid holidays offered by NeuroGrove Part-time clinicians are given special consideration for full-time position openings and promotion.

Additional Benefits:

The hired Neurotherapy Clinician will have the opportunity to optimize their own brain-body wellness using the same advanced tools we offer our clients. As a benefit of joining the NeuroGrove team, the hired Neurotherapy Clinician will have access to:

- Mentoring/supervision and practice hours required for BCN certification and/or LCSW/LPC licensure, provided as necessary
- Discounted functional medicine testing, supplements, and neuropeptides
- Self-training with neurofeedback, neurostimulation, and biofeedback

To Apply

Interested applicants should send their cover letter and resume to michelle@neurogrove.com.