Core Reading List for Applicants for HRV Biofeedback Certification

HRV Biofeedback Core Reading List

Biofeedback Certification International Alliance (2016). Professional standards and ethical principles of biofeedback. Arvada, CO.

Biofeedback Certification International Alliance (2016) Blueprint of knowledge statements for heart rate variability biofeedback. Arvada, CO.


Biofeedback Core Reading List


Neurofeedback Reading Core List


Core Reading List for Didactic Educators

Biofeedback, 36(1), 15-17.


