

COVID Update: Many of the programs were previously taught as in person courses and are now teaching online. Please check with any program of interest to learn how they are presenting materials during these difficult times. The courses originally designed as distance education are marked with an asterisk.

- The following programs are accredited to provide 42 hours of education to fulfill the didactic requirement toward BCIA Certification. Each program is responsible for the content, pricing, schedule, and all other information for their course. Please contact the individual program, not BCIA, should you need further information. Also please remember that some training programs offer more than 1 course so check carefully to be sure you purchase the BCIA didactic training based on the biofeedback blueprint.

- Many of the training programs listed below are accredited by a national professional organization such as the APA. Please visit with each provider to see what accreditations each program carries if this is important to you when making your course selection.

BCIA accredits education/training programs that meet our rigorous standards. Each provider is responsible for maintaining their own program. For more information, contact each company for specific details. For questions relating to certification, contact BCIA directly.

You are required to submit a program evaluation <https://www.surveymonkey.com/r/SP8B9NX> within 30 days of the completion of the course to receive didactic credit toward certification. All information will be summarized and shared with the specific training provider with no link to a specific person.

### **BCIA ACCREDITED BIOFEEDBACK DIDACTIC TRAINING PROGRAMS**

**O (online) F (face to face) H (hybrid)**

#### **Applied Psychophysiology Education (APEd) (O)**

Napa, CA 94558

(415) 515-3243

[www.aped.training](http://www.aped.training)

#### **Behavioral Medicine Research and Training Foundation\* (O)**

Richard Sherman PhD

(800) 530-6658 / (253) 380-0894

[www.biofeedbacktraining.org](http://www.biofeedbacktraining.org)

#### **Biofeedback Resources International Corp (O,H)**

Ossining, NY

(877) 669-6463

[www.biofeedbackinternational.com](http://www.biofeedbackinternational.com)

#### **BioSource Software (O)**

(parent company of Seminars Without Borders)

Biofeedback Tutor offered through BioSource Software

[www.biosourcesoftware.com/biofeedback-tutor-2](http://www.biosourcesoftware.com/biofeedback-tutor-2)

#### **Boston Center for Health Psychology & Biofeedback (O)**

Inna Khazan, PhD, BCB

Online program: November 6-10, 12pm – 4pm EST

(617) 231-0011 - [Inna.khazan@gmail.com](mailto:Inna.khazan@gmail.com)

<https://www.innakhazan.com/professional-education>

#### **The BreathSPACE School (O)**

Brad Lichtenstein ND, BCB, BCB-HRV

[Beginning Basics in Biofeedback | The Breath Space School \(teachable.com\)](http://www.teachable.com)

#### **InMindOut Emotional Wellness Center (O, H)**

(888) 833-7833

<https://inmindout.com/education-courses/biofeedback>

Inquiries: [Info@Successful-Practitioner.com](mailto:Info@Successful-Practitioner.com)

#### **Stens Corporation Online Academy\* (O)**

San Rafael, CA (800) 257-8367

[www.stens-biofeedback.com](http://www.stens-biofeedback.com)

**\*Online courses or distance education available.**

**REGIONALLY ACCREDITED ACADEMIC/UNIVERSITY**  
**DIDACTIC PROGRAMS**

Please check with each institution as courses may only be offered to fully matriculated students.  
Institutions by State

**California**

Alliant International University/California School of  
Professional Psychology  
San Diego, CA  
Contact: Richard Gevirtz, PhD, BCB  
(858) 635-4842

[www.alliant.edu](http://www.alliant.edu)

Classes are only available for full time graduate students.

Saybrook University  
Department of Clinical Psychology emphasis in Applied  
Psychophysiology Program  
Oakland, CA  
(800) 825-4480(800)

[www.saybrook.edu](http://www.saybrook.edu)

Courses are open to students enrolled in the Mind-Body  
Medicine degree program, the Integrative Health Studies  
concentration, and the Mind-Body Medicine Graduate  
Certificate program.

Sonoma State University  
Contact: Prof. Peter Behel, BCB  
(707) 664-2411

[www.sonoma.edu](http://www.sonoma.edu)

**Connecticut**

Central Connecticut State University  
New Britain, CT  
Contact: Carol Shaw Austad, PhD, BCB  
(860) 832-3101

[www.ccsu.edu](http://www.ccsu.edu)

**Missouri**

Truman State University  
Kirksville, MO  
Contact: Fred Shaffer, PhD, BCB  
(660) 785-4643

[www.truman.edu/](http://www.truman.edu/)

**North Carolina**

East Carolina University  
Greenville, NC  
Contact: Matt Fish, PhD, BCB  
FishM@ecu.edu  
(252) 328-0024

[www.ecu.edu/rcls/biofeedback](http://www.ecu.edu/rcls/biofeedback)

**Pennsylvania**

Widener University  
Biofeedback Clinic and Certification Center  
Chester, PA  
Contact: Dr. Pam Calvert-Hirt, BCB  
(610) 499-4514

[www.widener.edu](http://www.widener.edu)

Course work is only offered to matriculated students.

**Utah**

Brigham Young University  
Provo, Utah  
Contact: Dr. Patrick Steffen, BCB  
(801) 422-7757